

A fun, **FREE** 10 week

Self Esteem and Confidence Course

for young people in Primary School Year 6

Delivered by

UNIQUE

St John's Church Hall, Baildon

Wednesdays

17, 24 April, 1, 8, 15, 22 May, 5, 10, 26 June, 3 July

4:00pm-6:00pm

games

we will explore:

Identity

Dreams and Goals

Self Confidence

Self Esteem

Emotional Resilience

and more...

**arts and
crafts**

**time to
talk**

**drinks &
snacks
provided**

Funded by

Bingley Bubble Community Partnership

Book by contacting Becky Berry, Unique Programme Co-ordinator

07874 226690 or beckyberrywellbeing@gmail.com